THE NAKED TRUTH about female sexuality, intimate health, and orgasm
Today, we will be discussing something that is usually considered taboo. In fact, the reason why we wrote this book is so that we could reach out to the women who are genuinely interested in this topic.

We will also be discussing the reasons why women suffer from various gynecological illnesses (e.g., endometriosis, uterine fibroids, ovarian cysts, menstrual disorders, problems getting pregnant, etc.) and the MYSTERIOUS WAYS to solve these problems.

**VERY FEW women know anything about this.** And those who do are sexually healthy and vibrant, and they’re enjoying a wonderful sex life.

Some of the remedies come from the ancient China!

Also, in this book, we will be discussing 5 main reasons for intimate illnesses that neither your doctor nor gynecologist will tell you.

And that’s not all. There’s even a detailed and open section about A WOMAN’S ORGASM! You won’t find this anywhere else ... (I learned all of this from excellent ancient tantra teachers).

Your feedback about this book is more than welcome at info@chocolate4soul.com. We read all the e-mails we receive!

*So let the wonderful journey begin ...*
I am Ruta Banioni (39), one of the founders of “Chocolate for Your Soul.”

I want to share some very important news with you which might change your approach toward female health.

I want you to understand that all the secrets which I will reveal to you are my very own experience. I sometimes feel a little shy to talk about my intimate problems, but I want to share my experience and to help other women resolve their issues.

The aim of this book is to introduce you to the real causes of the diseases and to stop you from relying solely on gynecologists and doctors ...
I also want you to start enjoying your sex life, as this is not something you should do just because you “have to”.

I’m telling you all this just to make you understand that I’ve been there too. I am fully aware of how you feel and what problems you’re facing.

**No doctor or gynecologist will tell you any of the things that you will find in this book …**

They can only prescribe drugs and make another appointment. I suggest you try a different approach and get much more useful results.

I suffered many problems related to female sexual health in time past. I wasn’t interested in sex anymore, and my menstrual periods were so heavy and painful that I couldn’t stand up straight for 5–6 days.

I would start experiencing cramps three days before my period. My mood would go down; I would become very irritated and feel the need to pick on my loved ones.

At least once a month, I would experience vaginal thrush or some other “itchy” condition. My first aid kit was always full of painkillers, suppositories, creams, or pills for various sexual health issues.

I would see a gynecologist quite often—where I would regularly hear such terms as cyst, erosion, uterine prolapse, polycystic ovary syndrome, etc. I felt tired, and sexual activities caused me pain and discomfort. I talked to my friends about these problems, and apparently, they were experiencing the same things.

**I was about to give up and just acknowledge these issues as an inevitable part of every woman’s life BUT…**

At the time, I was just starting to take an interest in different self-knowledge and femininity workshops.

I talked to the best teachers of womanhood in Europe, and I learned about the feminine power, the uterus, the real causes of female reproductive system diseases, infertility, the inability to have children, and other female-specific health issues …
And, contrary to my earlier belief, it turns out that not all women face sexual health problems.

The women who are perfectly healthy, as it relates to their intimate health, KNOW CERTAIN FEMALE SECRETS AND HAVE ACCESS TO MOST MIRACULOUS TOOLS!

I spent 3 years researching these secrets and putting my knowledge into practice, and something magical happened ...

ALL of my diseases vanished into thin air. Frankly speaking, I can’t remember when last I heard my doctor utter the name of any such diseases. Even when I went to see my gynecologist for some mandatory checks, she could not believe how great my sexual health has become.

My osteopath always compliments my health whenever I see her, as well as my bioenergy therapist who often admires my healthy and young feminine area.

I am 38 years old, and I feel much healthier than ever before. Not only healthier, but also more beautiful and feminine. My skin has become smooth, and my acne is gone. My hormone balance has been restored, and my periods are not exhausting anymore.

My first aid kit is pill-free, and I don’t even remember the name of suppositories that I had used before.
When a woman knows these secrets and has the right tools, everything falls into place

This is why I want to share my discoveries with you ...

In the first part, we’re going to talk about what causes the diseases, and in the second one, I’ll tell you about some effective tools that all sexually healthy women use.

Let’s begin.

Scientists keep talking about the relationship between the body and spirit. The relationship between the human body and its feelings and emotions is called psychosomatics. This complicated term is actually very simple.

It’s a medical and scientific field that deals with psychological factors affecting physical diseases and their development (Greek: psyche– soul, soma– body). Simply put, it means that there is a strong connection between our bodies and our psychological state which deserves both scientists’ and our own attention.
It turns out that everything happening to our physical body is the result of our emotions and feelings

Probably, most of us today are certain that the real reasons behind the diseases lie much deeper than bacteria, viruses, or inflammations. So, together, let's look into the real reasons behind these diseases.

In order to realize what we're doing wrong, we have to start at the very beginning and find out why we are sick.

I'll give you 5 reasons which probably never occurred to you:

1. ESCAPE

The first and the most important reason why we get sick is the problems in real life, most of which we are not able to cope with.

For example, if a person is facing various problems, and he/she doesn't know how to deal with them, the body takes over. A person becomes ill and is forced to leave their problems alone. This way, a person not only gets some “legal” time off but also, they gets to use the disease as an excuse and don't feel guilty about it. In this case, an illness becomes an excuse to rest.

Usually, there are warnings at first. When a disease is about to emerge, our body starts to show various symptoms. It tries to get rid of the stress and negativity, but since we usually miss the initial signs, our body sends us a huge signal which we cannot ignore any longer.

For example, a woman does not want to make love, but she's still doing so out of duty. Year after year, your body keeps resisting, but if you keep ignoring it, and if you're avoiding to explore the real reasons why your relationship went cold, and you keep having sex out of duty, your body decides to help you with that and makes you ill so that you could take a break from all of it. And what do we do in this case?
We usually take medication, and we are also mad about the illness which is only there to remind us of the situations we have been ignoring for years.

2. NEGATIVITY

Diseases arise when we are filled with negativity: anger, dissatisfaction, or jealousy. In this case, all the negativity accumulates in the human body, and since it cannot escape, it causes various derivatives and diseases.

You have to take a good look at your life and start dealing with your negative emotions (we’ll discuss the means to do that later).

3. NOT LOVING YOURSELF

Sometimes women become ill when they neglect themselves. If a woman doesn’t love herself and doesn’t make time for herself, she might become ill so that she could start caring about herself.

It often happens to women who tend to live other people’s lives and completely forget their own. In this case, a disease is quite a blessing since it gives the person an opportunity to change their lives.

4. BELIEFS

Most of the time, intimate illnesses arise from a common misconception that our intimate area is dirty and sinful.

Even if we try to pretend that we love our intimate area but deep down, we regard our genitals as dirty and sinful, we will continue suffering from feminine diseases as long as we do not change this attitude.

5. HATRED TOWARDS MEN

Another important cause of feminine diseases is the hatred towards men and the pain which was caused such hatred.

They might originate from your childhood, adolescence, or teenage years. If you had some negative experiences with men, you might feel angry and hate them deep down inside.
SO YOU HAVE TO REMEMBER THIS:

Every disease is a large resource which you can use to transform your life. It's your decision whether the disease will destroy you or serve as a springboard to help you reach the next level.

Honey, you can either ignore your disease or find out where it came from and what it means and deal with it.

So this is what’s REALLY causing the most common intimate diseases!

We'll consider specific examples and try to understand what kind of message the diseases really send us. Then we'll discuss the mysterious means of solving the problems of your intimate area.

When analyzing specific examples, we'll refer to the books by Lise Bourbeau* and Valerij Sinelnikov**

**UTERINE DISEASES.** Uterine disease is a reminder of deep anger and disappointment with your mother. Women who have problems with their uterus often cannot have children. Experts have proven that this is caused by some deep psychological problems.

A woman doesn’t let herself become a mother because she is convinced that such a relationship is painful and disappointing.

We don’t get along with our mothers, and we’re afraid that our children will not love us and that’s why we do not let ourselves to have babies.

**UTERINE BLEEDING** symbolizes the loss of joy. Do feminine practice, attend seminars, and bring back the joy and pleasure into your life.

**ENDOMETRIOSIS** is caused by constantly blaming yourself. Sorrow and disappointment with life cause changes in the uterus. A woman suffering from endometriosis often feels like she’s not being defended as a woman.
CERVICAL EROSION is caused by the pains and wounds of life and bruised feminine ego. Women who are constantly doubting their self-worth usually suffer from this disease. Such women are often angry, and they keep saying things like “I will never forgive you this”; “I will never forget this”; etc.

All of these emotions move to the uterus and start to eat you from the inside.

Women who do not fulfill themselves suffer from OVARIAN DISEASES. These problems arise when a woman tries to accept her femininity.

If a woman does not feel fulfilled, she keeps ignoring her intuition, hating her job, suffering from low self-esteem, or she is stuck in a position of a victim; the ovaries start to send her some serious signals.

The exaggerated fear of old age might also be “lying” in the ovaries.

BREAST DISEASES often inform us about exaggerated motherhood. A woman who nourishes everyone around her but forgets to take care of herself often suffers from breast diseases.

MENSTRUAL DISORDERS arise from women hating their body. It’s about feeling guilty and being afraid of sex. It’s about doubting your femininity and subconsciously hating men.

The women who suffer from frigidity and anorgasmia are usually do not allow themselves feel physical satisfaction or enjoy life. Sexual problems are caused by distrust in men and life in general.

** Lise Bourbeau is the author of 15 books, including the bestseller “Listen To Your Body, Your Best Friend on Earth.” Her trainings and simple philosophy have helped millions of people change their everyday life. She is the founder of the largest self-development school in Quebec; her philosophical ideas are currently spread in 22 countries in 9 different languages.

** Valerij Sinelnikov is a well-known psychotherapist, psychologist, homeopath who has developed unique and effective psychological techniques which helped millions of people to regain their health and joy in life.
The information below will help you understand what you have to do in order to have a healthy intimate area and a much happier life ...

In order to understand the do's and don'ts when we're ill, we have to discuss two different forms of being ill:

1. THE TREATMENT

Take, for example, a woman who chooses a passive treatment.

She keeps talking about it; she immerses herself in the role of a victim. In this case, she goes to various doctors, takes medicine, and lets others treat her.

Eventually, the symptoms disappear, the illness goes away, but soon enough, it comes back in the same or a similar form. You can get stuck in such a vicious circle for years.

2. THE REAL TREATMENT

A far better option is to befriend the illness and to find out where it came from.

Let me congratulate you on making your first step - reading this book!

The first step to healing is deciding to find out what is really happening ...

As soon as a woman expresses such a desire, all the necessary information starts to reach her, and the healing process begins.

Incredible things start happening in a woman's life: she meets people who have successfully dealt with similar situations; she comes across some hints on what to do, and the illness or a symptom goes away.

In this case, it is vital to accept a symptom as a friend who is on a mission to send you an important message. We should accept a symptom as help
or as a lesson which we have to learn in order to improve our life.

How soon we can restore our health and enjoy a quality life depends on how we react to the symptoms.

**STEP TWO— WOMEN’S SECRETS**

I have learned a very valuable lesson from my teachers and personal experiences: **IF A WOMAN STARTS TO FOLLOW HER NATURE, EVERYTHING IN HER LIFE FALLS INTO PLACE, AND THE ILLNESSES GO AWAY ...**

I want you to read this important part one more time:

**IF A WOMAN STARTS TO FOLLOW HER NATURE, EVERYTHING IN HER LIFE FALLS INTO PLACE, AND THE ILLNESSES GO AWAY ...**

All the women I learned from were proud of their WONDERFUL feminine area (most of them were over 50); they were very feminine, and they were taking the path of femininity.

And so did I. And when I accepted my feminine nature, my intimate illnesses went away, and I became much happier.

I just want to say that a woman can choose any spiritual path, but sooner or later, she **WILL HAVE TO ACCEPT HER FEMININE NATURE AND DISCOVER HERSELF AS A WOMAN.**

Most of us take care of our husbands and children, but we forget to take care of ourselves.

If a woman doesn’t find a way to enjoy herself, she becomes a boring person that no one is interested in. She finds herself in a routine and forgets that she is a woman and DESTROYS HER HEALTH.

From my experience and that of other women, I can tell you that once a woman accepts her feminine nature, her illnesses go away and she becomes much more beautiful and energetic. A woman who takes a path to femininity starts to blossom, her relationships improve, and her sexuality and uniqueness is revealed.
That’s why I want to tell you about 3 secrets that helped me and hundreds of other women reclaim femininity and intimate health!

1. THE SECRET TO FEMININITY

Feminine practice really helps you connect to your femininity.

Before now, the word “femininity” sounded very mysteriously to me, and I thought it was only related to women who cannot deal with their life themselves. I did not appreciate or admire them.

I grew up in Soviet times, so I was raised more like a boy than a girl. Therefore, femininity really wasn’t my strongest feature.

The phrases like “you have to be feminine and elegant” would make me angry, and I couldn’t understand what it really meant. I would sometimes put on a skirt and slow down my pace but after a few hours, this would start irritating me, and I would stop pretending to be someone I’m not.

I would put on my jeans and continue rushing to places. If something in my life weren’t going according to the plan, I would become annoyed and push things even more. I could continue this story for a few more pages, but it’s enough.

I just want to say that if I managed to accept my femininity, you can!

It all changed when I had realized that you can’t learn to be feminine. It’s like an internal melody that needs an awakening ...

I realized that everything must come from within and only then you can see it on the outside and not the other way around.

I started attending various seminars and trainings and studied the secrets of femininity. I also went to a number of lectures, different therapy sessions so that I could accept myself for who I really am!
When I started working on myself, my inner state and life itself started to bloom ...

However, after every seminar, I felt like I was missing some specific tools to maintain this positive state every day and to help me move forward as well.

One day when I was feeling disappointed with my life, my friend suggested doing a feminine exercise called “I'm a queen.”

After 10 minutes of practice, I immediately felt better. I then realized that some female practices could help me feel better in just a few minutes!

I needed more of them, so I started asking where to find them. This is how I discovered the world of feminine practice ...

I do these feminine practice EVERYDAY ... Some of them came from a wife of a Russian millionaire; others came from seminars that took place in Los Angeles, England, and the Netherlands. I also started using various affirmations (repeating phrases) which changed the way I see myself ...

I would start by writing down that I am beautiful and valuable in the morning ... during the day, I would put on an imaginary crown ... and I would be thankful for all I've got before I go to bed. Something inside of me started changing even faster ... And then one day when I took a look at myself in the mirror, I heard this unusual phrase inside of me which surprised me.
And there she was—a beautiful, valuable, and self-confident woman looking at me from the other side of the mirror ...

Of course this moment later passed away, but I was very happy that I started feeling this way.

A lot of time has passed, and I can proudly say that I love myself much more than I did before. Wearing a skirt feels so easy and natural now, and whenever I wear jeans, I feel discomfort.

I now have a person in my life who is helping me take my femininity back, and I feel like every day is wonderful and magical because I learned to let go and to accept it.

I am never in a rush, and I get everywhere in time. The time has stopped, and I’m not getting older because I feel happy and vibrant. I do what I love; I enjoy having money, and I enjoy the happiness that they bring ...

Feminine practice is a set of specially designed soundtracks that reaches your consciousness through psychological secrets, various visuals, and special sounds and awakens your inner state, which makes you more attractive, sexy, and it helps you attract success, men, and money.

IT’S OBVIOUS that different emotional states attract different things in life ...

If a woman is angry, she faces situations and people that make her even more furious. If she is joyful, she attracts even more positive situations in her life.

Perhaps during your music lessons, you have heard a story about two pianos standing in one room. If you pull a string of one piano and it starts vibrating, the very same string of the second piano will start vibrating too.
Nephrite egg

Finally, the Chinese have revealed the secret of female health, beauty, and youth that has been kept for 5000 years...
Therefore, if you want to have the life you’re dreaming about, you just have to pull the right string ... 

There’s a number of programs and books for women on how to live better, but the problem is THAT YOU HAVE TO DO EVERYTHING YOURSELF.

For example, you might hear or read that you have to love yourself and act more feminine, but usually, it’s absolutely unclear how to do that.

This is what makes the feminine practice so EXCLUSIVE!

You have to relax, listen to the recordings, and soon you'll begin to notice a change in your life (including your relationship with your husband, increased self-confidence, improved sex life, money, etc.).

When your internal state changes, and you’re having positive thoughts, you will inevitably start acting differently; you will attract different life situations and more interesting people.

This is not a seminar or a lecture. You gift yourself with experience, symbolism, and other tools that have been known for years, and you awaken your inner self.

The femininity that the practice awakens is different for every woman, but the love for yourself that you start to feel lets you truly enjoy life.

Find out more about our feminine practices here:

Together with the feminine practice, I have discovered a second tool which helped me feel even more feminine, and my intimate area just started to bloom (by the way, this secret tool originated from ancient China) ...
2. THE ANCIENT CHINESE SECRET

Every woman under 30 has a naturally large resource of energy for bearing children.

Nature provides women with health, beauty, energy, sexuality, and libido. This way, nature encourages women to look for a partner and to have children, and that is why most men are so attracted to young women. They intuitively feel their vitality and the energy they emit.

After giving birth or after the age of 30, a woman starts to lose her energy

It’s just as if nature would say “Well, honey, you’ve done what was planned for you, and you don’t need this much energy anymore.” How long you want to keep your feminine energy, sexuality, beauty, youth, and health, etc., solely depends on you.

Most of the women over 30 know about this law of nature, and therefore, they fully understand that ...
In order to preserve your femininity, health, and beauty longer than intended by nature, you have to take full responsibility for it and to pay more attention to it than ever before

One can easily notice that women over 30 (or even sooner) become interested in a healthy diet. They seek inner peace; they go to various beauty parlors for anti-aging procedures (which DO NOT WORK or are only a SHORT-TERM SOLUTION).

They feel that their beauty, health, and energy is fading away every single day and, therefore, try to stop it in every possible way and to turn back time

Sometimes women decide to have surgical procedures, which are still not effective in the long run.

The beauty industry is one of the most profitable industries in the world. New beauty products are invented every day, such as products for your face, body, and health.

Due to the number of all the available solutions, the most effective ones often get lost...

More than 5000 years ago, an almost miraculous feminine tool was discovered in ancient China. A tool that can bring back beauty, facial glow and, health to every woman ... almost with no effort!

But let’s start from the beginning... We’d like to warn you that the letter you’re about to read might make some women feel uncomfortable. We'll take a look at this “secret“ area which our parents and religion taught us to hide and to feel shameful about. However, ...
It has always been known that the source of the female beauty, youth, and health LIES WITHIN A WOMAN’S INTIMATE AREA and her UTERUS!

After all, it is evident that a woman is gifted with extraordinary powers and her uterus holds so much energy that it can CREATE and DELIVER NEW LIFE!

Have you ever tried to imagine what power must lie within a uterus such that a baby could develop and grow there? After all, it is a miracle ...

Therefore, the more energy, life, and health there is in the intimate area of a woman, the healthier she looks and feels.

A woman’s uterus used to be worshiped. As most people know, the Holy Grail also symbolizes woman’s uterus. But all this holiness has been lost somewhere. However, ...

If a woman neglects her intimate area, she starts to experience various gynecological diseases AND INSTANTLY AGES

The biggest issue here is that we were never taught to pay attention to our intimate area and to take care of it with love and tenderness.

It is truly sad that most of us find this area displeasing or even ugly and we only talk about it with our doctors in exceptional cases (when problems arise).

However, according to the Chinese medicine, this is the most sensitive and the most important area of a woman’s body!

Most of the female-specific health problems start in their intimate area. After all, it is always warm and moist—a perfect environment for bacterial growth, which eventually causes illnesses and other painful conditions (endometriosis, uterine fibroids, ovarian cysts, menstrual disorders, problems with getting pregnant, etc.).
Most women hide their intimate health problems and do not speak about it in public, but the truth is, YOU ARE NOT ALONE. More than 97% of women constantly worry about their health condition.

**But this is not only about the illnesses or your physical health ...**

Most women do not even stop for a second to think about all the intimate muscles that BECOME LOOSE if ignored (as any other muscle of the body).

The intimate muscles of a young woman are strong, resilient, and vital.

When a woman turns 30, these muscles become more and more loose. And after giving birth, they become even looser and less tight.

**If a woman neglects her intimate area, this may cause some very unpleasant conditions that are mostly never discussed in public**

It causes various inflammations or other worrying gynecological issues. You may experience urinary incontinence.

It is quite common that after giving birth, the uterus or other pelvic organs prolapse.

Your intimate area loses its sensitivity; it becomes difficult to get aroused, and this results in no pleasure during sex.

**And what’s sex got to do with this?**

This problem is especially relevant to women in their 30–40s. For the majority of
women who have given birth, sexual intercourse becomes rather a duty than a pleasure.

Her husband needs sex, and she almost doesn’t. Therefore, the passion and the intimacy disappear first, and then a couple becomes emotionally distant, which results in more conflicts between the two. Such a couple becomes rather like roommates or buddies, and all the love starts to fade away.

Quite often one can hear stories of a husband who got tired of asking for lovemaking and found himself a lover or got into drinking and started to go away with his friends more and more often.
When a woman is aware of that, there are 2 solutions:

1. Do nothing until your worsened health condition (or relationship troubles with your husband) makes you take action.
2. Consciously and boldly evaluate your intimate area and finally start taking care of it.

If you choose the second solution, there are some ways to keep your intimate area healthy and vital.

Solution 1: SEX

Sex really brings back viability to your intimate area; although, both a man and a woman must know what they’re doing.

A man must realize that a woman needs more time to get aroused; he doesn’t have to rush but has to be tender and attentive. A woman must know how to relax and get aroused and guide the man to the right direction.

All of this takes time, and the majority of women do not realize their needs or feel ashamed talking about them to their husbands. But having sex out of obligation is not the only option. On the contrary, if a woman feels some resistance when she’s making love, her intimate area is not filled with energy and life, and a man gets only a very short satisfaction, which is more like a tension relief.

Therefore, for most women, this solution is not acceptable or does not give any results.

Solution 2: intimate muscles exercises

It’s quite a popular solution, especially after childbirth. And it certainly is better than nothing, but it ONLY strengthens the intimate muscles and does not give any energy benefits or restore the sensitivity of the intimate area.

The biggest problem with the exercises is that you have to consistently perform them (it’s like going to the gym), and most women lack the patience and the willpower, so they quickly stop doing those time-consuming exercises.
Solution 3: take advantage of a tool that was invented 5,000 years ago by Chinese women—a tool which helps you to get rid of any gynecological illnesses, almost effortlessly strengthen your intimate muscles, and bring back the viability and sensitivity to your feminine area!

If we went back to the ancient China 5,000 years ago, we would see that there was no such beauty industry as there is now, and there were no such tools as the modern women use today.

Women also did not have as many rights as they do today. Therefore, in order to influence men and to keep their social status, or simply to get what they want, women had to come up with a solution to keep men's attention and to keep them away from younger women.

So women had to find a way to be superior and to make men desire them only ...

AND THEY DID!

Those women revealed a secret of femininity, youth, and beauty which helped them avoid any illnesses of the intimate area, and kept them both feminine and charming throughout the years almost effortlessly.

They had a secret tool that prevented their intimate area from “falling asleep.”

What kind of special tool did these women have that we didn't know about for a very long time?

IT WAS A NEPHRITE EGG. Nephrite was the biggest SECRET to femininity, youth, and sexuality of the Chinese Imperial women

Nephrite helps a woman thrive; her body fills up with magical sexual energy, her eyes begin to sparkle, and special magnetic field forms around her—one that men cannot resist.
A woman can hold a Nephrite egg in her intimate area the whole day, and she can even sleep with it, which makes it truly unique.

The women of eastern countries would use Nephrite in order to give birth to healthy children, to have a great sexual relationship with their husbands—which is equally important to both men and women—and to stay young, healthy, and self-confident.

Women have noticed that vaginal exercises strengthen vaginal muscles, and make them (women) happier and sexier.

Do not confuse it with various stimulators that are sold in sex shops

It’s absolutely different. Nephrite is a mineral that gives you both physical benefits and energy.

I discovered Nephrite almost 2 years ago. I bought my first stone online; the cheapest one was nine euros. But instead of the positive effect, I felt the opposite—I began to feel physical discomfort and even suffer from inflammations, and only then did I realize that the egg I had purchased was of an inferior quality; it was made of Nephrite dust, had zero energy content, and was harmful to my body.

carried out some research and realized that a quality Nephrite, which is rich in energy, must be made from a whole stone and it must be specifical-ly prepared using no chemicals at all.

Most online stores sell fake Nephrite. They use the name “Nephrite” to sell substitutes made of “stone dust” or some unknown chemical products that are harmful to the delicate feminine area.
It’s absolutely different. Nephrite is a mineral that gives you both physical benefits and energy.

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**WARNING!**

We reviewed 10 websites that sell “Jade eggs”, only 1 out of the 10 sites has genuine nephrite jade eggs. All other 9 sites are actually selling fake jade eggs made from green or white-looking onyx or serpentine.

Beware!
It took me quite a while to find the REAL Nephrite eggs filled with the RIGHT energy

Likewise, it also took me some time to find the ones that are of high quality. **Even if someone says they are selling high-quality Nephrite, this is not always the case.**

Some sellers claim to have high-quality Nephrite or even certified Nephrite (that can cost up to $200), but as it later turns out, they're fake ...

Disappointed women often send us letters telling us they tried purchasing Nephrite online and what they got was a low-quality product.

So, to avoid such experience, I encourage you to take a look at this review written by one of the ladies who purchased our product:

I first bought three Nephrite eggs, but when I received the parcel, I immediately began to doubt its quality. I did not want to use a faulty stone. I was more cautious the second time. I sent a letter to the online store, and they replied, assuring me that it is a 100% genuine and solid Nephrite egg. When I received it, I was once again disappointed since the egg was the same as the ones I had previously purchased. I did not want to use a simple exercise tool; I was looking for a genuine stone that gives you spiritual connection, protects, and heals you.

My third purchase was finally successful!! And just as the saying goes, “The poor man always pays twice.”

I'm now wearing Nephrite—and it's two days already. We're trying to get used to each other.

A WOMAN IS UNSTOPPABLE AFTER SHE REALIZES SHE DESERVES BETTER.
A high-quality Nephrite egg filled with the right energy is not cheap but the benefit it brings to a woman is PRICELESS!

Here are some testimonials from women who have started using Nephrite egg:

“I have become more feminine, the condition of my facial skin got better, and I simply want to wear dresses all the time.”

“Nephrite is a very powerful tool. I now chat to completely different men online than I did before.”

“My sexual energy has increased. I can feel it myself and so does the man I love.”

“I feel like it has awakened a feeling inside of me that I had forgotten for a very long time.”

“... Nephrite egg has improved my mood; my face started glowing as if it was younger. Thank you so much for this valuable gift and all the information about it ...”

“... In fact, my sexual energy has increased; I can feel it myself and so does the man I love ...”

“... I cannot find the words to describe the effect of Nephrite egg, but it has awakened a long-forgotten feeling inside of me. I feel like waking up from a long slumber, just like a plant waking up after winter. I feel like the energy inside of me is slowly filling me with glow ... I'm a little bit confused because I'm not sure how to deal with all this energy and how to control it. I think it all lies ahead :) The Nephrite energy has encouraged me to love myself and to take a better care of myself ...”
When I finally found a real Nephrite of high quality, I was so excited that I decided to tell about it to other women as well. The results really exceeded my expectations.

I have found a variety of scientific articles, theses, and other confirmed information about Nephrite. I have taken the time to gather the most valuable information, and I would like to present it in the most understandable way for all of us.

This is what I’ve learned about Nephrite in various scientific literature:

• Nephrite is intended for use for a woman of any age, who cares about her intimate hygiene and health.
• Nephrite is for a woman who wants to stay sensual and sexy for years.
• Nephrite is for a woman who wants to regain her sexual energy after illness or any other occurrences which made her passive and which influenced her sexual energy and health.
• It is also intended for a woman who has not found her sexuality and sensitivity yet, irrespective of her age, job, or social status.
• Nephrite is intended for a woman who wants to have children or who already has children and wants to strengthen and restore her feminine area.
• Nephrite is intended for a woman who wants to prepare herself for menopause and to go through it easily rather than give in to the beliefs that it is very challenging and that one can’t do it without hormones.
• Nephrite is intended for a woman who forgot how to praise her sexuality and vitality.
• ... it’s for a woman who loves sex.
• ... it’s for a woman who hates sex.
• ... a woman who does not experience orgasm.
• ... a woman who experiences orgasm and wants to have more of them.
Why should you wear Nephrite egg?

- For intimate health.
- For balanced and stable hormones.
- For intimate hygiene and health.
- To heal from old wounds and experiences.
- To awaken pleasure points in the vagina.
- To recover from stress.
- To recover sooner after giving birth or after surgical procedures.
- To treat vaginal dryness or thinning.
- To treat thrush and other infections.
- To become an irresistible mistress.
- To stop the uncontrollable snacking.
- To spend less while shopping—especially when a woman is trying to fill the emptiness inside.
- To boost female libido.

Another quality of Nephrite is that it can awaken more pleasure points in the vagina, which leads to longer and deeper orgasms. Nephrite helps to balance out hormones and to bring back beauty and health to every woman's life.

Nephrite helps tone the intimate muscles—and we are not talking about well-trained, strong vaginal muscles; we are talking about a muscle which is sensitive and similar to a trampoline, which can sag and develop resistance.
Many scientists and scientific institutions have proven that ...

A woman’s beauty is directly related to her hormone balance.

This has been proven by some scientists and scientific institutions. A woman is entirely dependent on hormones. Our beauty, wellbeing, health, relationship with our husband and children depends on hormones.

Hormones are directly responsible for our cell regeneration, wrinkles, youth, and energy. This is one of the most important things affecting the quality of a woman’s life.

Nephrite affects your feminine points, and it makes you produce the hormones that are perfect for your body.

I’D LIKE TO THINK OF MYSELF AS SOMEBODY WHO HAS A VOICE FOR LIBERATING FEMALE SEXUALITY

SASHA GREY
Recently, Nephrite has been attracting more and more attention in the world and has become widely known. Scientists have finally acknowledged the healing properties of Nephrite; some American and European magazines have published articles about it. (For example, Women's Health magazine.)

The luxury cosmetic company “Estee Lauder” has been using Nephrite for years now as well as the famous soap company “NEPHRIA”.

I never thought that Nephrite could become so popular in Lithuania!

Women keep talking about it to their friends and recommending it to each other. The number of women wearing Nephrite increases every day.

We are delighted that more and more women have decided to take matters into their own hands and to take back what actually belongs to them.

We need three things to awaken our sexuality and to regain our energy:
1. Make a decision that the time has come to stop fooling yourself and take the situation seriously.
2. A Nephrite egg of high quality and right energy.
3. Commit to wearing Nephrite egg every day ...

If you’d like to CONSULT someone about the Nephrite egg, you can call me personally at +370610 22388

I understand that this topic is not something we can freely discuss. Many women do not have the courage to call, even if they feel that Nephrite can help them.

I would like to encourage you by saying that many women call us to talk about Nephrite and I can assure you that this won’t be an awkward conversation.

Your call is very welcome. We are not going to talk about intimate things if you don’t want to. I will simply ask you, “Why do you want to order Nephrite?” and I will help you choose the correct size and answer all your questions and concerns.

If you’re too shy to call, you can also reach us by sending an e-mail to info@sokoladassielai.lt. Please include the word “Nephrite” in the subject line so we could reply to you sooner.
A NEPHRITE EGG COMES IN 2 SIZES ...

We recommend that the majority of women START FROM A MEDIUM SIZED NEPHRITE EGG (unless you’re younger than 26, you do not have children, or you’re not having regular sexual intercourse).

And then, after a few months, when your internal muscles must have strengthened, you can move to a small Nephrite. Practical evidence shows that if a woman starts using a small Nephrite, it is hard to hold it inside; it keeps falling out and ends up on a shelf.

That is why we recommend starting from the medium-sized egg and subsequently moving to a smaller one. Therefore, it is advised to get both Nephrite eggs at once!

By the way, many sellers are offering 3 sized Nephrite, but this is only a TRICK ...

Some companies offer 3-piece sets of Nephrite eggs (and they’re trying to convince you that you need all of them).

BUT THIS IS JUST A TRICK... During all my years of practice, I never faced a situation when a medium sized egg was not enough for a woman (even when performing special exercises).

I think a woman needs two eggs (small- and medium-sized) sooner or later but having all of them is not really necessary...
We receive only 40–50 Nephrite eggs every month; therefore, the number of orders is quite limited

Our Nephrite comes from Canadian mines to California where it is processed and prepared using unique technology!

We have picked the very best product which is made out of a solid stone and holds all the antibacterial and energetic properties.

A sample ingot from Canada is sent to the most reliable GIA Institute where it gets Nephrite certified.

It is then manually shaped into a form of an egg in accordance with the recommendations of Chinese Dao masters.

You will receive your Nephrite egg in a handmade feminine pouch ...

If you’re still HESITATING, please TAKE THIS IMPORTANT TEST which will help you to understand your needs better ...

If you are still not sure whether you need Nephrite, we recommend that you take this test. If you answer YES to at least 5 of the questions, we recommend that you purchase this miraculous stone which has been known to women for 5000 years ...

• Do you often suffer from premenstrual syndrome (mood swings, tiredness, irritability)?
• Are your periods exhausting?
• Are you concerned about your intimate area in any way?
• Would you like to feel more pleasure and vitality in your intimate area?
• Would you like to stop feeling tired and fatigue?
• Do you lack self-confidence?
• Do you sometimes feel unpretty and not sexy?
• Do you dream of giving your femininity a bloom?
• Do you want to feel the female power?
• Would you like to know how to seduce a man with just one look?
• Do you think that your husband underestimates you and does not get you?
• How often do you feel too tired to have sex?
• Would you like to have more energy?
• Are you concerned about your skin?
• Do you often feel invisible and unnoticed?
• Do you feel that everything in life requires great effort?
• Are your visits to a gynecologist uncomfortable and exhausting?
• Do you suffer from menopause?
• Are you having trouble conceiving?
• Would you like to strengthen your intimate muscles just a little?

If you would like to benefit from ancient Chinese wisdom that helped thousands of women to keep their female glow, youth, and beauty for at least 10 years ... and to get rid of most of the female health problems and to forget about going to your gynecologist ... Nephrite egg is a great gift!

You can find more about Nephrite egg here: http://www.chocolate4soul.com/book-nephrite-egg/

Women who ordered Nephrite egg eventually ran out of exercises and energy practices for connecting themselves with their uterus and sexuality.

The women I learned from did exercises for the uterus, and they were aware of the secrets to accumulating female energy. This is why we’d like to introduce you to the third female secret ...

**3. THE SECRET: SEXUALITY AND A WONDER THAT LIES INSIDE A UTERUS**

Have you ever stopped to think about the true female sexuality? There’s probably something inside of you saying that it’s a little bit more than it’s described in the “Cosmopolitan” magazine ...

Or maybe you’re tired of pretending (just like most of us) that you’re satisfied in bed or that you’re not interested in sexuality?

Sure, you can keep ignoring the situation you’re in, but we suggest you explore this topic and find something that would help you feel satisfied with this very important part of life.
Let’s start from the beginning when everyone was LYING TO US ABOUT SEX!

- The media and the porn industry have been lying to us about good sex and what the men like ...
- The magazines have formed a false perception of your body (we started to feel ashamed of it; we pretend, hide it, and fix it) ...
- The church has convinced us that sex is only meant for dirty and promiscuous women ...

“My own journey to sexuality began when I was eighteen. The first few years were quite miserable. I think we can all imagine what those first years are like. I needed attention, admiration, and just feel close to someone.

“I couldn’t talk to my mother about sex. To this day, I remember all the prohibitions and threats related to my sexual explorations. So I had this perception that everything related to the intimate area is dirty and shameful.

“Later, I found out that those phases of early sexual exploration are very important for the development of a woman. But I didn’t have the chance to go through them properly. I was not allowed to self-explore things at an early age, and I was also punished for trying to explore my friends ... My parents didn’t want to talk about anything else but the contraception methods, so I had to figure out everything myself.”

This is how all the women lived at the time, and there’s no need to explore the past. But it’s important to realize that today, many of us have the same understanding ...

And it doesn’t really matter if we’re mature and grown-up. This inner girl will always “know” what’s wrong and shameful to do, even if it’s hard to see it from the outside. If we also considered the teachings of the Church and the pressure of the Soviet system, it’s quite a surprise how we choose to have sex after all ...

I learned about sexuality from my older friends and the “Cosmopolitan” magazine.
At the age of 20, I continued my model career in Europe and America. I met a lot of models, movie stars, and even porn actors.

I thought I finally realized what is female sexuality...

Men desire slim models who wear tight leather pants and high heels. They would call these women sexy, and at the time, I thought that these ladies are meant to be happy and successful.

Unfortunately, I can honestly say that almost all of us were pretending.

We would lie to each other about our sexual experiences, and we would come up with some fake stories. We would later confess about it after having a glass of wine, and we would fall into tears sharing each other's secrets and insecurities.

For nearly 10 years, I was a woman that almost all the men were attracted to ...

But at the same time, I was pretty unhappy ...

The truth is, there was a huge difference between my looks and my personality.

I was feeling insecure, not self-confident; I was suffering from acne, I felt like my breasts were “too small”, and I had many more real or imaginary problems. When I look back, I can honestly say that I was having sex like a man.

And by having sex like a man, I mean a woman pretends that she’s enjoying sex and this way, she makes the man believe that he is an exceptional lover. But she is just pretending, and she is actually waiting for it to finish as soon as possible.
I listened to the stories my friends from Los Angeles and other places in the world were telling me, and I knew exactly how to impress a man, and I was acting like it for the next 10 years ...

My orgasms were very rare, men-like (lasting about 3 seconds), similar to those that I had already discovered during my teenage years ... I was constantly pretending, having pity sex or just doing it out of duty ...

Sometimes I was enjoying it, and I lived with a caring and loving man for many years.

Unfortunately, I was unhappy with a lot of things; I wasn't feeling at peace; I wasn't in harmony, neither did I experience the femininity unfolding inside of me. Anyway, it was not important.

There were moments when I felt beautiful and desirable. I thought that this is all a woman could want. I had no idea of a different relationship, so I could not wish for something that I didn't know existed.

However, I was very wrong ...

I never thought that I'd write about it, but I guess it becomes easier when all the embarrassing and painful experiences are in the past already. So I'm sharing the tools that I discovered and my experience which I have been gaining for the last 20 years.

My only goal is to show women that there exists a different relationship with yourself, with your husband, and a whole different sex from what we learned from our mothers, our environment, or the magazines. It's just not that „loud“ and vulgar as the ones I have just listed. It is like a diamond that every woman must discover.
So I found myself in the next stage of life ...

I left sunny California for Lithuania, and I had a baby girl. There’s probably no need to go further into details since we all know how a woman who is raising a child feels.

I was tired, and I never got enough sleep.

After having a baby, my sexual energy went away. I was suffering from various intimate diseases, and I almost believed that this is the end...

Raising a daughter required a lot of energy. I was feeling uncertain about the future, and I had this inner fear that my husband might cheat on me, so I continued pretending.

Over the next five years, the things got even worse. I pushed myself to the limits just to maintain our mediocre relationship. I was therefore very disappointed since my sacrifice brought no results; it didn't help our relationship and did not make us closer nor brought any harmony.

... I kept lying about having a headache, being on my period “all the time,” I was suffering from different diseases ... I also kept pretending that I enjoyed having sex and this lasted for many years. I really understand the women who act like that.
I also understand the women who stop having sex at all...

They're not looking for sex; what they're looking for is love and intimacy, and when they cannot find it in their own bedroom, they give up.

We're all doing the same, so I will not go further into details. Each and every one of us knows what's going on in her heart and her bedroom. But it's actually not our fault. We believe that sex is a tool meant to keep a man; it's also good for your health, and this bizarre act must somehow reassure us that we are still attractive women.

Eventually, I have come across some trainings where they would talk about sexuality and sexual energy, and in a few years, I realized that my body is sacred. I learned about how much a woman can give to a man and how emotional they can be together.

When I learned about the real causes of diseases, and I gradually befriended my body.

I continued my journey, and I learned about the energy secrets that lie within the uterus ...

There's an incredible power that lies within a woman's uterus which we can control. As women, we can absorb the energy from the world around us and use it for creativity or for rewarding our men with incredible sensations.

When I started working on my sexuality, it helped me overcome this constant feeling of shame, dissatisfaction with my body and it also helped me to feel like an exceptional lover who is enjoying a wonderful sex life.

It’s an incredible secret which helps a woman rejuvenate, blossom, and to feel a whole new rush of energy ...

If we keep ignoring our body and our intimate area, we're going to face some serious health problems and get old sooner. Fortunately, today there are some tools available for all women.
Over a couple of years, I realized that my body is wonderful and sacred. I had to break a lot of walls of shame and beliefs. I went to workshops for women, met the best teachers, and I rediscovered myself and my body.

I realized that before I wasn’t actually living; I didn’t enjoy myself nor the relationships I had. I was just going through life trying to get sympathy and attention. I would betray myself for something completely vague ...

My feminine area was completely cold and insensitive. After attending a number of seminars and trainings, I realized that I have to get my sensitivity and sensuality back, learn to accept my man, and stop pretending.

Then I learned that a woman is responsible for her sensitivity and orgasm ...

It’s really hard for a man to please a woman when she cannot relax, her mind is full of various thoughts about shame, the next day’s dinner, or inner dissatisfaction.

So over time, this “man-like” sex (when you’re busy with a lot of things, you’re active or just pretending to be active) had to be replaced by feminine acceptance and tenderness.

I was doing a lot of exercises and the most bizarre practices, and I was crying my eyes out. I began to enjoy my sex life and relationships only at 35. It was really hard to open up and to start believing.

I was so afraid that no one would love me or that I would disappoint people ... I was scared that my husband would leave me if I tell him the truth about the difficulties I was having and I would start crying again constantly.

I was working on myself a lot, and I was using various tools and practices to awaken my body that I had been betraying for years. I have now regained my sensitivity and sensuality, which makes me and my husband very happy.
Now I know what it’s like to have a real orgasm and to have a wonderful and deep connection between a man and a woman ...

The love for my body, sexuality, and sensuality helped me with my self-confidence a lot. I have become much stronger as a woman. I look much more beautiful and young than ever before. All of my health problems went away. I realized there are a lot of wonderful sensations for a woman to experience.

This is why I encourage you to take these small steps, dear ... You will find a list of sexual practices at the end of this wonderful book.

If you believe in yourself and work on yourself, it can help you discover incredible things. You can escape the shame, pressure, and your beliefs. Our body is capable of feeling pleasure; we just have to devote some time and attention to it.

Let the world surprise you, and try to remember how you’d like to live and feel every day. In fact, for the transformation to begin, first, you have to believe that it’s possible ... You don’t need to achieve anything; all you have to do is take one little step. The result you’re going to get will be your biggest motivation to go further.

We have come a very long way, dear. We learned the real problems of the intimate area; we discussed specific examples and learned about 3 very important secrets that helped hundreds of women and me ... and it will also help you!

Share this book with your friends.
Thank you!

Ruta
MAGICAL NEPHRITE EGG
FOR YOUR INTIMATE AREA!

Nephrite egg is important to every woman who is suffering from intimate area problems, who feels no pleasure when having sex, who is afraid of getting old too soon and no longer looking attractive to her husband or other men in general ...

This feminine tool was discovered in ancient China, and it helped thousands of women to keep their feminine glow, youth, and beauty for at least 10 years longer than any other tool. It helped them to get rid of most of the female health problems and to forget about going to the gynecologist.

You can order your Nephrite egg here:
IF A WOMAN STARTS TO FOLLOW HER NATURE, EVERYTHING IN HER LIFE FALLS INTO PLACE, AND THE ILLNESSES GO AWAY ...
...SOME WOMEN FEAR THE FIRE'
SOME WOMEN SIMPLY
BECOME IT....
BEING ABLE TO FEEL GOOD HAVING SEX IS WHAT MAKES ME FEEL LIKE A WOMAN. HAVING THAT PLEASURE TAKEN AWAY AND REPLACED IT WITH PAIN IS A FEELING THAT CAN’T QUITE BE PUT INTO WORDS...

CARLY. C